

"Regional in Nature"

East Bay Regional Park District's

Activity Guide

January-February 2003



Naturalist Bob Kanagaki describes to 4th grade schoolkids the coal mining history of Black Diamond Mines Regional Preserve in Antioch, the East Bay's real-life coal and sand mining classroom.

Photo by Nancy McKay



East Bay Regional
Park District
www.ebparks.org/events.htm

Board agrees to purchase shoreline parcel for future open space and recreational uses

At its November 19 meeting, East Bay Regional Park District's Board of Directors approved an agreement to purchase the 16-acre parcel known as the "North Basin Strip-II," located at the shoreline south of Golden Gate Fields at Gilman in the City of Berkeley.

"With this acquisition, EBRPD fulfills its promise to voters who supported Measure AA and meets the District's goal of providing additional urban shoreline recreation and open space," commented Ayn Wieskamp, President of the Park District's Board of Directors, following the Board's unanimous vote to authorize the purchase.

"This is a true win for everyone. The citizens of the East Bay gain wonderful new shoreline. I applaud MEC for their progressive thinking to make this acquisition possible. I congratulate the Park District for

completing this important purchase," Wieskamp added.

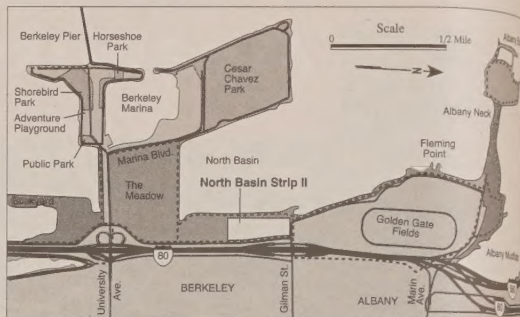
Previously proposed for a large and controversial hotel/retail development, the parcel's appraised fair market value is \$12 million.

However, the property owner, MEC Land Holdings (California) Inc., has agreed to sell it for \$8.5 million and donate the difference as a gift to the District.

"This acquisition provides an important and scenic link for the public as the East Bay Regional Park District helps to create the Eastshore State Park," Park District General Manager Pat O'Brien said.

"It's fantastic!" said Director Jean Siri, who represents Ward 1—Albany, Berkeley, Emeryville, El Cerrito, Kensington, Richmond and San Pablo. "It's something I never imagined to be possible."

According to EBRPD officials, the



The 16-acre North Basin Strip II (white rectangle near center of map) will be utilized as shoreline open space with potential active recreational uses.

proposed purchase allows bayfront property to be acquired on favorable terms and resolve a major land use conflict adjacent to the new Eastshore State Park.

The District plans to work with the City of Berkeley and other stakeholders to determine future uses of the site, which could include active recreation.

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Park District signs on to manage port's Middle Harbor Shoreline Park

East Bay Regional Park District Directors voted unanimously during their November 19 meeting to enter an operational agreement with the Port of Oakland to manage the new Middle Harbor Shoreline Park.

In doing so, they agreed to take additional actions to begin interim operation of the shoreline park on January 1, 2003, going to full operation on February 1.

The Board also approved in concept a memorandum of agreement for the District to lease at no cost Port-owned Radio Beach and the Gateway Park sliver for 66 years.

During the last year, Park District staff have held extensive meetings with the Port staff to review police, maintenance and operational costs, all of which will be paid directly by the Port to the District.

"It's a great day for the Park District," said Director John Sutter. "The new Middle Harbor Park will serve our neighbors in West Oakland as well as park enthusiasts from all over Alameda and Contra Costa Counties," he added.

"We acknowledge the professional staff at the Port of Oakland and the Park District for their diligent work to bring this project forward," said Pat O'Brien, Park District General Manager. "Our experiences working together on other major park projects at Martin Luther King, Jr., Shoreline, also in Oakland, have built trust between

our agencies and paved the way for Park District operation of this wonderful new shoreline park for the public."

Phase one of the Middle Harbor Shoreline Park, constructed by the Port of Oakland, will consist of approximately 35 acres of upland shoreline surrounding 190 acres of open water harbor and restored eel grass habitat.

The park is located at the mouth of the Oakland Estuary, near the end of 7th Street, one and a half miles from the Oakland West BART station and three-quarters of a mile from the Cypress Freeway.

In the Spring of 1999, the Port of Oakland requested the Park District's technical assistance to study management needs, costs and options for the Middle Harbor Shoreline Park. Based on that study, the Port of Oakland's Board chose management by the Park District as their preferred alternative.

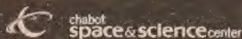
Port of Oakland and District staff entered into discussions on specific details and costs of potential management by the District at that time. In January 2002 Park District Board Members directed park staff to negotiate the terms of the District's operation of the Park.

Board Members specified that any agreement should fully cover District operational costs, provide adequate policing, provide a Middle Harbor Shoreline Park service yard and include provisions for public outreach and joint agency publicity.

www.ebparks.org
www.ebparks.org
www.ebparks.org
www.ebparks.org
www.ebparks.org



See our Web site for a complete listing of Naturalist programs and activities, employment information, Park District news, and to download high-resolution park maps to print on your home printer. There is also fishing information, links to transitinfo.org to plan a trip to a Regional Park using public transportation, and information on how to volunteer for trail work, Doc Quack's Wildlife Volunteers, and much more.



Chabot Space & Science Center

the universe is yours to experience. Set amid 13 trail-laced acres in Redwood Regional Park, with glorious views of San Francisco Bay and the Oakland foothills, Chabot is a hands-on celebration of sights, sounds, and sensations. Programs include:

- School groups
- Teacher workshops
- Summer camps
- Teen volunteers

To purchase advance tickets call (510) 336-7373 or visit www.ticketweb.com

10000 Skyline Blvd., Oakland, CA 94619
 1.3 miles from Joaquin Miller Road
 (510) 336-7300

www.chabotspace.org

East Bay Regional Park District is a partner with Chabot Space and Science Center

Sustainable design draws honors for Camp Arroyo residential education camp

East Bay Regional Park District's Camp Arroyo, which began operation as an environmental education residential camp in fall of 2001, received the "Savings By Design Honor Award" from the California Council of the American Institute of Architects (AIA) this month.

During the selection process, the project, which was designed by architects Siegal and Strain of Emeryville, drew comments from the award jurors. They noted:

"This project is a wonderfully understated and subtle expression of resource conservation that demonstrates the accessibility of many sustainability strategies."

"... the entire project meets its significant energy efficiency and environmental goals through thoughtful site and envelope design rather than the introduction of complex mechanical and control systems. These are real gestures, not just symbolic, that are easily transferred to other projects. They demonstrate a natural, common sense way to work on the land and build buildings. The project speaks to a broad range of problems in an integrated fashion to serve its program goals."

Judging considerations took into

account context and climate, site design, and building design.

The project is set in 138-acres comprised of rolling hills and oak woodland north of Del Valle Regional Park in Livermore. New buildings, playing fields, organic gardens and a service area have been integrated on previously impacted areas. The site was the former site of a tuberculosis rehabilitation hospital and grounds.

Storm water collects in a series of swales and is returned to the water table, rather than being removed from the site. All plantings, including playing fields, were selected to minimize water use, and irrigation is designed to use reclaimed water. Site lighting is efficient, fully shielded compact fluorescent, and operated by photo cells.

Buildings are designed to demonstrate that a careful bio-climatic approach to design is critical in sustainable design. Building form, orientation and views are integrated with strategies for heat avoidance, day lighting and natural ventilation. Low-tech solutions to heating, cooling, and water use reduction were favored over more complex mechanical technologies. Each building type presents a different approach to

resource-efficient construction.

Planned use for Camp Arroyo is operation of the Environmental Education Residential Camp from fall through spring each year, and use by camps for children with disabilities and life-threatening diseases during the summer months. The YMCA will begin operation of the environmental education residential camps in January.

The YMCA will also handle arrangement for groups, conferences and family use on week-ends. There is a fee for services. For more information contact Tom Martin at the YMCA at (510) 451-8039, ext.121.

For information on student or class scholarships to Camp Arroyo, contact the Regional Parks Foundation at P.O. Box 21074 Crestmont Station, Oak-

land, CA 94620, or call (510) 544-2202.

The summer camp program is operated by The Taylor Foundation, partner in the project. See www.tfff.org/camp/index.html for information.



Camp Arroyo's "sustainable" building and site design is typified in the straw bale construction of the camp's dining hall, seen above, and in rammed earth techniques used to construct the camp's swimming pool. Building methods and site design sought to reduce environmental impacts caused by construction, maintenance and operation of buildings.

Roberts barrier-free playground gets boost from Christopher Reeve Paralysis Foundation



The Regional Parks Foundation has received a \$5,000 grant from the Christopher Reeve Paralysis Foundation to support

fundraising efforts to install a barrier-free playground at Roberts Regional Recreation Area in Oakland (see rendering on back cover).

The former "Superman" star who became paralyzed in an equestrian accident in 1995 created the Foundation to support organizations that improve the quality of life for people with disabilities.

The East Bay Regional Park District is also partnering with the Oakland Rotary Club in raising \$850,000 for construction of the disabled accessible playground. Rotarians pledged \$300,000 at the playground's groundbreaking ceremony this spring.

The state-of-the-art play structure is designed for and accessible to disabled children and their caregivers but will also serve all park visitors. Features will include a swing accessible for children in wheelchairs and individuals with limited mobility; sound-activated

directional signage for the vision impaired; and raised sand and interactive water play areas designed for easy wheelchair access.

"This gift from the Reeve Foundation is a wonderful beginning to our fundraising efforts," says Rosemary Cameron, Executive Director of the Regional Parks Foundation, which has taken the lead in raising private sector support for the playground. "We are grateful to the Reeve Foundation not only for their generous gift, but also for the great exposure Regional Parks Foundation enjoys by being associated with a notable celebrity and advocate for the disabled like Christopher Reeve," echoed Director John Sutter.

Completion of Roberts barrier-free playground is scheduled for late 2003.

The Christopher Reeve Paralysis Foundation (www.christopherreeve.org) funds research that develops treatments and cures for paralysis caused by spinal cord injury and other central nervous system disorders. The Foundation also works to improve the quality of life for people living with disabilities through its grant program, paralysis resource center, and advocacy efforts.

Educator-oriented environmental fair

Bay Area Environmental Education Resources Fair set for February 15

If you love the outdoors and have an interest in environmental education, don't miss the 26th annual Bay Area Environmental Education Resources Fair at the Marin Civic Center in San Rafael, from 10 a.m. to 4 p.m.

The BAEER Fair is the largest environmental education event in Northern California designed for the education community—teachers, students, families and anyone concerned about the environment we share. One hundred exhibitors will showcase their educational services and 18 workshops will be offered, demonstrating innovative education programs.

Discover the latest and hottest in environmental education programs, classroom curriculum materials, and field trip sites. Join the fun and attend workshops introducing conservation techniques, wildlife education, and personal discovery.

For more information on the BAEER Fair, call Fair Coordinator Ken Hanley at (510) 657-4847, or EBRPD supervising naturalist Paul Ferreira at (510) 795-9385.

General admission is \$7 and parking is free. The fair is co-sponsored by the East Bay Regional Park District and many other education and environmental organizations.



Mission Peak afternoon

A mountain biker heads downhill on Mission Peak Regional Preserve's Eagle Trail. Mission Peak is a Fremont favorite for bikers, hikers and equestrians.

RECREATION PROGRAMS

DISCOVER KAYAKING

Lake Chabot Marina Current Adventures

10am-2:30pm, Jan 4 #3044

10am-2:30pm, Feb 2 #3045

The first step in learning paddle touring and sea kayaking. Get in-depth instruction from certified kayak instructors for paddling in calm waters: learn equipment selection and basic paddling techniques while touring the lake in single kayaks (double kayaks available upon request and for adult/child pairs). Includes stop for shared potluck lunch. You'll have lots of time to practice as we explore the base and inlets of the lake. Parent participation required for youth age 5-13. Special Cancellation Policy applies; see page 7, 5+ yrs.

Reg. Required: (510) 636-1684

Fee: \$79/14+rs, \$59/5-13yrs (non-res. \$87/565)

INTRO TO FLYFISHING

Tilden-Lake Anza

Fish First

10am-5pm, Jan 12 #3042

10am-5pm, Feb 9 #3043

Geared to the beginning angler. Spend three hours at Lake Anza to practice casting with a certified fly-casting instructor, then three hours in the classroom for an introduction to knots, fly selection, reading the water, and more. Special Cancellation Policy applies. 18+ yrs.

Reg. Required: (510) 636-1684

Fee: \$60/adult (non-res. \$66)

INTRO TO GOLF

Tilden Golf Course

Amer. Golf Corp.

3-5pm, Jan 18 #3039

3-5pm, Jan 30 #3040

10am-noon, Feb 17 #3041

Have fun in a relaxed atmosphere and learn the fundamentals of golf. Introductory clinic teaches pre-shot fundamentals, terminology and equipment overview, and full-swing fundamentals. Learn how to continue if you want to play on the course. Golf balls and loaner clubs are provided. Receive a free \$20 driving range card and \$20 off a future class at golf course. Special Cancellation Policy applies; see page 7, 14+ yrs.

Reg. Required: (510) 636-1684

Fee: \$50/adult (non-res. \$56)

BROOKS ISLAND ADVENTURE-CA

Brooks Island Current Adventures

11am-4pm, Jan 25 #3047

A brief introduction to equipment and strokes with a trip through the Richmond Harbor. Paddle along the Brooks Island shoreline and enjoy a guided 2-mile hike around the island which is normally closed to visitors. Includes a shared potluck lunch. The trip is an easy, short paddle in stable double kayaks across sheltered bay water with spectacular views of San Francisco and the bridges. Special Cancellation Policy applies; see page 7, 14+ yrs.

Reg. Required: (510) 636-1684

Fee: \$85/adult (non-res. \$95)

INTRO TO BAY PADDLING-CA

MLK Jr. Shoreline Current Adventures

10am-4pm, Feb 22 #3046

For paddlers with previous experience such as Discover Kayaking (above). This is an in-depth focus on skills necessary to go paddling on your own. Learn proper strokes and maneuvers and tide/current basics while paddling on the Bay. Practice capsize recoveries and earn a certificate to rent your own kayak. The marshlands of M.L.K. Jr. Shoreline offer great opportunities for

viewing shorebirds while navigating the Bay environment. Parent participation is required. Special Cancellation Policy applies; see page 7, 10+ yrs.

Reg. Required: (510) 636-1684

Fee: \$85/adult (non-res. \$95)

ARDENWOOD

Ardenwood is open Tues.-Sun. from 10 a.m.-4 p.m. Patterson House tours, horsedrawn train rides, food service and blacksmithing demonstrations will return in April. Program info: (510) 796-0663 or ardenwood@ebparks.org. Admission: \$1 adults & seniors, 50 cents children, under 4 years free.

ANIMAL FEEDING

3-3:30pm, Thursdays-Sundays

Staff

Stop the hogs, check for eggs, bring hay to the livestock, and help shut the farm down for the evening.

MONARCH BUTTERFLY WALKS

11am and 1pm every Sat & Sun in Jan, 2, 9

11am, 1pm & 2pm Sat Feb 1, 8 & Sun Jan 2, 9

Tour a Monarch overwintering site on a short stroll. See clusters of butterflies and learn about the mysterious migration of these insects.

MEET THE MONARCHS

1:30-2:30pm, Sat Jan 4, 11

1:30-2:30pm, Sat Jan 12, 26

Christina Garcia

Discover the life cycle of the Monarch butterfly during a slide show. Learn about its migration and the increasing threats to its survival. Walk to an overwintering site.

BUTTERFLY GARDENING

1:30-2:30pm, Sun Jan 5

Christina Garcia
Attract a variety of beautiful butterflies to your yard by planting their favorite flowers and shrubs. Learn their preferred larval and nectar sources, and tips to make your garden a haven for these dazzling "flutterbys."

BIRDS AND BUTTERFLIES

1-2pm, Thurs Jan 9, 23, Feb 6, 20

Sara Fetterly

Enjoy the birds and butterflies fluttering through the woods. Visit a Monarch winter resting spot and learn about their life and migration.

MONARCHS FOR KIDS

10:30am-noon, Sat Jan 11, 25, &

Sun Jan 19

Christina Garcia

Young children will enjoy an interactive puppet show all about Monarch butterflies. They'll sing the Monarch song, make a butterfly wand and take a short hike to see the Monarchs in the forest. 3-6yrs.

BEGINNING BIRDWATCHING

10:30am-noon, Sat Jan 18

Christina Garcia

Are you interested in birds but a little overwhelmed trying to identify them? Learn some easy techniques to make this popular pastime more enjoyable.

MONARCHS IN THE MORNING

10:30-11:30am, Tues Feb 4, 11

Christina Garcia

Join us for a stroll to a Monarch butterfly overwintering site. Search for clusters of these fragile beauties among the trees and learn about their amazing migration.

FELT BUTTERFLY CRAFT

1:30-3pm, Sat Feb 8

Tara Reinertson

After returning from your walk to visit and learn about our overwintering Monarch butterflies, come and join us in the Granary to make your own felt butterfly to take

home. We'll talk about the parts of a butterfly as we build beautiful bugs. 5+ yrs.
Fee: \$2

GROW A VALENTINE

1:30-2:30pm, Sun Feb 9

Gloria Giv

Discover the ancient art of paper-making. Trace the history of Valentine cards and create one from paper you make yourself.

WALKIN' DUKE AND DOC

11am-noon, Sat Feb 15, 22

Tara Reinertson

Listen to the steady rhythm of horse hooves as we take a walk with our black beauties. Stroll through walnut orchards, learn about the history of draft horses and look for winter migrating birds.

STITCHES IN TIME

12:30-1pm, Sat Feb 15

Elise McFarland

See what fashions were like 110 years ago, and the weird things people wore. See what has "stood the test of time" and recruit a few very brave people for a fashion show.

HABITAT RESTORATION

2-3:30pm, Sat Feb 15, Sun Feb 23

Tara Reinertson

Why wait until Earth Day to improve our environment? Join us as we create a butterfly habitat for newly hatched Monarch caterpillars. Take home a milkweed seedling for your own garden. Rain cancels.

FARMYARD STORIES & SONGS

11am-noon, Sun Feb 16, 23

Tara Reinertson

Rise up singing and discover how stories and song can bring history alive. We'll sing and hear stories from the farm and then go and greet some of our farm animals and feed them a morning snack.

DROP-IN KNITTING

1-2:30pm, Sun Feb 16

Elise McFarland
Learn to knit, or bring a project you're already working on as we discuss the history of this useful and relaxing art! All skill levels are encouraged; feel free to bring any projects you need help with.

BIRDHOUSE GOURD CRAFTING

1-4pm, Sat Feb 22

Tara Reinertson

You'd have to be out of your gourd to miss this! Learn some fascinating gourd history and try some techniques in gourd crafting. Create your own bird house for your garden. Fee includes all supplies and Ardenwood admission. 11+ yrs.

Reg. Required: (510) 636-1684

Fee: \$20/adult, \$18/senior, \$13/child (non-res. \$22/\$20/\$15)

BLACK DIAMOND

All Black Diamond programs (except for "Knobbers") meet at the parking lot at the south end of Sommersville Road in Antioch. For info call (925) 757-2620 or email bdivsit@ebparks.org.

SAGE AND SANDSTONE

10am-noon, Sat Jan 18

Bob Kanagaki

Enjoy the winter beauty of the chaparral as we hike loop and canyon trails. Investigate the human and natural history of this scenic area. Rain cancels. 8+ yrs.

HAZEL-ATLAS HISTORY

10am-noon, Sat Jan 25

Bob Kanagaki

Investigate sand-mining history as we hike. We'll peek into mine openings excavated in the mid-20th century and learn about the creation of the Hazel-Atlas Mine. (Note: This program does not include an underground tour.) 8+ yrs.

STORIES SET IN STONE

1-2:30pm, Sat Feb 1

Bob Kanagaki

Search for clues to an ancient world in rocks. We'll see signs of prehistoric

landscapes, seascapes, and living things preserved in the rock. Rain cancels. 8-12yrs.

EDIBLE AND USEFUL PLANTS

10-11:30am, Sat Feb 8

Bob Kanagaki
Let's make an intellectual raid into nature's larder (no tasting) as we investigate wild plants that provide food or useful materials.

BLACK DIAMONDS, BLOOD, SWEAT AND TOIL

10-11:30am, Sat Feb 15

Bob Kanagaki

Take a hike through the hills and canyons and learn about the lives of miners who toiled in the tunnels in the Mount Diablo Coalfield. Rain cancels. 8+ yrs.

KNOBBERS

3:30-5pm, Thurs Feb 20 #3053

Sabrina Dumas

Knobbers were boys 8 and older who helped coal miners work underground. Join our modern day knobbers as both boys and girls help the park. Learn about and help bluebirds at the beginning of their nesting season. 8-12yrs.

Reg. Required: (510) 636-1684

Fee: \$5 (non-res. \$7)

OAKS, GRASS AND CHAPARRAL

9:30am-noon, Sat Feb 22

Bob Kanagaki

Have a look at the plants that give the hills their unique character as we hike Steamer View, Pittsburg Mine, and Chaparral Loop Trails. Rain cancels.

COYOTE HILLS

Coyote Hills Visitor Center is open Sat, Sun. 9:30 a.m.-5 p.m. For info, call (510) 795-9385 or email chvisit@ebparks.org.

FORENSIC FILES

1-3pm, Sat Jan 4

Kristina Partish

Become a forensic scientist for a day! A skull is found on the trail—who does it belong to? Join us for this fascinating look into forensic science and natural history. 7+ yrs.

Reg. Required: (510) 795-9385

GARDEN PARTNERS WORK DAY

9:30-11:30am, Sat Jan 11 & Feb 8

Jan Southworth

Winter work in the nectar garden includes pruning, mulching and refilling the bird feeders. The birds, raccoons and our resident gray foxes will appreciate your help. Refreshments provided. **Reg. Required: (510) 795-9385**

THE GARDEN IS OPEN

10am-4pm, Sat Jan 11, Feb 8

Jan Southworth

The nectar garden, designed to attract butterflies and hummingbirds, is open today. Learn to create a wildlife paradise in your own back yard.

SQUASHED PLANTS

2-4pm, Sat Jan 11

Jan Southworth

Take a walk through the nectar garden and make small cuttings of plants adorned by hummingbirds and butterflies. We'll then press and laminate an attractive plant key. 7+ yrs.

Reg. Required: (510) 795-9385

Fee: \$6.50 (non-res. \$8.50)

CLAWS, PAWS & CAMOUFLAGE

9:30-11:30am, Sun Jan 12

Kristina Partish

Did you know that lizards have a "third eye," or that a snake can't wink at a "blind" eye? Explore the lives of our animal friends and learn about their special adaptations. 5+ yrs.


ORIENTEERING FOR KIDS

1-3pm, Sun Jan 12


Kristina Partish


Ever wonder how whales know where they're going when they migrate? Find out


how animals use their natural compasses.
Learn basic orienteering skills. 7-12yrs.
Reg. Required: (510) 795-9385
Fee: \$5 (non-res. \$7)


OHLONE SHELL MOUND TOUR 
2:40pm, Sat Jan 25 Jan Southworth
9-11:30am, Sun Feb 9 Kristina Parkison
Native Americans lived at this site for over
2,000 years. Learn their history and study
archaeological clues that reveal the story of
their ancient lifestyle.

Reg. Required: (510) 795-9385
Fee: \$2/person; \$5/family

GOOEY GEOLOGY 
1-3pm, Sun Jan 26 Kristina Parkison
Lip smacking lava rocks! Join an incredible
dive exploration of geology! We'll
mine for chocolate chips and discover the
types of rocks through "mouths-on"
experiments. 7+ yrs.
Reg. Required: (510) 795-9385
Fee: \$3


**WELSH VALENTINE SWEETHEART
WEAVING WORKSHOP** 
2-4pm, Sat Feb 8 #3068 Jan Southworth
Braid straw into delightful Valentines using
ancient weaving techniques. Learn the history
of these elegant love tokens. 10+ yrs.
Reg. Required: (510) 636-1684
Fee: \$10/adult, \$8/child (non-res. \$12/10)


SCAT, TRACKS AND SIGNS 
1-3pm, Sun Feb 23 #3070 Kristina Parkison
There's a story to be told by the "calling
cards" that animals leave behind. Discover
the secret lives of animals through their
natural history. Learn the "Scat Rap" and
make a tracking stick. 10+ yrs.
Reg. Required: (510) 636-1684
Fee: \$8 (non-res. \$10)


DUSK HIKE 
5-7pm, Sun Feb 23 Kristina Parkison
Would you be afraid of the dark if you
could smell as well as a coyote or see like
a owl? Find out on this excursion into the
nocturnal world. 6+ yrs.
Reg. Required: (510) 795-9385
Fee: \$2/person; \$5/family


SUNOL
Sunol Visitor Center is open Sat-Sun, 10
a.m.-4:30 p.m. For info, call (925) 862-
2601 or email visit@ebparks.org.


WILDERNESS EXPLORERS/TREKKERS
Times and dates vary Staff
Kids in grades K-6 are invited to join a
naturalist to explore the changing seasons
in the wilderness. Parental participation
usually optional but may be required for
some programs. Sessions filled by
application: deadline Jan. 20. Enrollment
limited. Call for application.
Reg. Required: (925) 862-2601


OUTDOOR DISCOVERIES 
Times and dates vary Staff
Children age 3-5 and an adult will explore
the winter and spring in the wilderness.
Sessions filled by application: deadline Jan.
20. Enrollment limited. Call for application.
Fee: \$5 (non-res. \$7)

WOMEN ON COMMON GROUND 
Locations, dates, times vary Katie Colbert
A series of naturalist-led programs for
women who love to hike, camp and play in
parks, but whose concern for personal
safety keeps them from enjoying their
parks. Activities celebrate natural and
cultural history. For a flyer, call or write
Sunol Regional Wilderness, P.O. Box 82,
Sunol, CA 94586.
Reg. Required: (925) 862-2601


VALLEY NATURE RIDE 
9:30-10:15am, Sun Jan 10 #3077
9:30-10:15am, Sun Feb 9 #3078 Staff
Enjoy an introduction to the cultural and
natural history of Sunol, then mount up for
a 20-minute horseshoe ride. 6+ yrs.
Reg. Required: (510) 636-1684
Fee: \$17 (non-res. \$19)


STRINGS AND THINGS 
10-11:30am, Sat Jan 19 Dino LaBiste
Learn about the native plant dogbane. As
California Indians have done for centuries,
we will process the stems into string to
create a game or tool. 8+ yrs.
Reg. Required: (925) 862-2601


SURVIVOR-CALIFORNIA 
10am-3pm, Sat Jan 25 #3080 Norm Kidder
Find out how basic awareness of nature can
help assure that you will always be a
survivor—even in the winter. 10+ yrs.
Reg. Required: (510) 636-1684
Fee: \$25/adult, \$15/child (non-res. \$29/17)


LITTLE YOSEMITE IN WINTER 
9-11:45am, Sat Feb 1 Cindy Taylor Gateno
Join us on this wintry, three-mile adventure
to spectacular views on the way to this
geologic landmark. We'll see what changes
the winter rains have brought to the water-
falls and pools. Learn how water shapes the
land. No organized groups. 6+ yrs.


FEBRUARY FAMILY FORAY
1:30-3pm, Sat Feb 1, Feb 8
Cindy Taylor Gateno
Bring the kids and join us as we peek under
rocks and logs in search of salamanders,
mushrooms, worms, slugs and other wet
weather wildlife. 5+ yrs.

SCIENCE FOR TYKES 
10-11:30am, Sat Feb 8, Sun Feb 23
Cindy Taylor Gateno
Budding scientists age 4-8 and families are
invited to an exciting outdoor laboratory.
Feb. 8: Fun Times With Fungi—Search high
and low wherever a mold might grow. We'll
meet rain or shine because when it rains, it
spores! Feb. 23: Amphibious Ambie—We'll
gently explore salamander habitat.
Reg. Required: (925) 862-2601
Fee: \$5 (non-res. \$7)

BASIC TWINED BASKETS 
10am-4pm, Sat Feb 8 #3079 Norm Kidder
Use native sandbar willow to make a
storage basket or woodpecker trap. Learn
the variety of basketry techniques and their
role in local native culture. 18+ yrs.
Reg. Required: (510) 636-1684
Fee: \$35 (non-res. \$39)

LOVE IN THE WILDERNESS 
10am-2:30pm, Sun Feb 9
Cindy Taylor Gateno
On this 4-mile hike, we'll be on the lookout
for amorous amphibians and other crea-
tures. Bring a lunch and water. Be prepared
for wet weather, mud, hills and creek
crossings. 6+ yrs.

FLAG HILL ADVENTURE 
9am-1:30pm, Sat Feb 23 Cindy Taylor Gateno
Explore geologic history as we hike to the
top of this local landmark (4 miles). Bring
lunch and beverage. Be prepared for mud,
creek crossings, wet feet and some steep
uphill. No organized groups. 7+ yrs.

SALAMANDERS! 
1:4-3pm, Sun Feb 23 Cindy Taylor Gateno
What creatures prefer a soggy winter's
morning? On this three-mile excursion
we'll search for salamanders. Prepare for
mud and creek crossings as we make our
way to the newt pond. 6+ yrs.

TILDEN NATURE AREA
The Environmental Education Center is
open Tue.-Sun. 10 a.m.-5 p.m. The Little
Farm is open daily. For info call (510)
525-2233 or email tnarea@ebparks.org.


THURSDAY BIRDWALKS
All walks are from 7:30-9:30 a.m. and are
led by Naturalist Alan Kaplan. Jan. 2,
Berkeley Municipal Pier: Meet at the foot
of University Ave. in Berkeley for "Gulls I
Don't Know." Jan. 9, North Berkeley:
Meet at the entrance to the Berkeley Rose
Garden on Euclid Avenue. Lots of
architectural and cultural history included.
Jan. 16, Albany Hill: Look for birds and
butterflies. Meet at the end of Taft Ave. in
Albany. Feb. 6, Berkeley Municipal Pier:
Another session of "Gulls I Don't Know."
Feb. 13: We'll look for signs of courtship.
Meet at the Nature Area.


FAMILY WINTERWALK
2-3:30pm, Sat Jan 4 Dave Zuckermann
Meet us rain or shine to discover the habits
and hideouts of salamanders, slugs & frogs.


KIDS GARDEN CLUB
2-4pm, Sat Jan 4, 18, Feb 1, 8
Nadia Stantis, Kate Scott

Join the Little Farm's garden club, a bi-
monthly program for 7-12 year-old kids to
explore the world of gardening. Dress for a
mess, wear boots, and bring gloves. Jan. 4:
Worms! Bring a milk carton. Jan. 18:
Weather. Build a weather vane to decorate
the garden and talk about the importance of
the elements. Feb. 1: Planting. We'll start
seeds in the greenhouse, in the ground, and
in small planters for you to take home. Feb.
8: Plant protection. We'll take care of our
seedlings, talk about plant defenses, and
build a scarecrow for the garden.
Fee: \$3

HIKE FOR HEALTH
10am-2pm, Sun Jan 5 Jessica Sheppard
We will explore a variety of habitats as we
go up to Wildcat Peak. Bring lunch, and
water. I'll hike in the rain...will you?

SOAP SUDS 
2-3:30pm, Sun Jan 5 Scott Marsh
Learn how to make soap from coconut,
palm, and olive oil as we explore the
history of soapmaking. 7+ yrs.
Reservations Required: (510) 525-2233
Fee: \$4

SPINNING DEMONSTRATION 
3-4:30pm, Sun Jan 5 Nadia Stantis
See how sheep make your sweaters. Watch
how wool is spun into soft yarn, learn the
history of the spinning wheel, and bring
knitting or craft projects to work on.


TEA AT FOUR ON MONDAYS 
4:50-5:30pm, Mon Jan 6, 13, 27, Feb 3, 24
Alan Kaplan

Enjoy some of the best teas from the other
side of the Pacific Rim and learn their
natural and cultural history. Take a walk to
see ladybugs and newly flowering shrubs.
Reg. Required: (510) 525-2233
Fee: \$5 per session (non-res. \$7)


TILDEN TOTS
10-11:30am, Tue & Thur, Jan 7 & 9,
Wed & Thur Feb 5 & 6 Linda Yemoto
For 3-4 year-olds, each accompanied by a
grown up. Call after 9 a.m. on Tuesday,
Dec. 16 to register. Jan. 7 & 9: Learn about
the air and how it moves. Feb. 5 & 6: Look
for our amphibian friends. We'll look in the
ponds and meadows for slender sala-
manders, newts, and chorus frogs.
Reg. Required (510) 525-2233
Fee: \$6/child (non-res. \$8)

MID-DAY MEANDER
2:30-4:30pm, Tue Jan 7, Feb 4 Alan Kaplan
Jan. 7: We'll walk out from Inspiration
Point on the paved Nimitz Way for a look
at early winter birds and plants. Feb. 4:
Every month has something blooming at
the Regional Parks Botanic Garden; today
we'll see linkpods and smell why they
could be called "Stinkpods." Lots of other
early spring shrubs will be in bloom.

TILDEN EXPLORERS
3-4:30pm, Thur Jan 9, Feb 6 Linda Yemoto
For 5-7 year olds who may be accompanied
by an adult. No younger siblings. Call after
9 a.m. on Tuesday, Dec. 16, to register. Jan.
9: Whether it's hot or cold, we'll learn
about the weather. Feb. 6: It's amphibian
time again! Search the Nature Area looking
for ensatinas, slender salamanders, Cali-
fornia newts and Pacific chorus frogs.
Reg. Required: (510) 525-2233
Fee: \$6/child (non-res. \$8)

NATURE SIGNS 
3-4:30pm, Sat Jan 11 Nadia Stantis
We'll explore signs of nature, and some
American Sign Language on a silent walk
to the farm and butterfly garden. 10+ yrs

BIRDING AT THE LAKE
9:30-11am, Sun Jan 12 Jessica Sheppard
Spend a leisurely morning at Jewel Lake
and see what's on the water. Best for
beginners. Call if you need binoculars.

WONDERFUL WORLD OF WATER 
2-4pm, Sun Jan 12 Adam Marsh
10am-noon, Sun Jan 19
Investigate water's wonders and learn about
cloud formation and precipitation. Jan. 12:
We'll make rain gauges from recycled
items to take home. Jan. 19: We'll make
underwater volcanoes, soap boats, and test
water tension. 6+ yrs

OH DEER
2:30-4:30pm, Sun Jan 12 Jessica Sheppard
Hike an easy loop to spot the signs of deer—
quiet hiking is often rewarded with a glimpse.

FULL MOON HIKE
5-7:30pm, Fri Jan 17 Alan Kaplan
6-8pm, Sun Feb 16
We'll hope for clear skies as we walk out
from Inspirations Point on the paved
Nimitz Way to see Luna and The Planets in
performance tonight! We'll also talk about
the stars that make skies so wonderful: their
brightness, distance, history and future.

THE WINTER BUTTERFLY
1-3pm, Sun Jan 19 Jessica Sheppard
Join a cozy slide show in the Visitor Center
and see how life unfolds for the Monarch.
Reg. Requested: (510) 525-2233

TUESDAY BIRDWALK
7:30-9:30am, Tue Jan 21, 28 Alan Kaplan

Jan. 21: Winter residents vs. year "round-
ers: how does the "home team" stack up to
the "visitors"? We'll look for competition
and cooperation. Beginners welcome; call
if you need binoculars. Jan. 28: Meet at the
Big Leaf picnic site, across from the Pony
Ride, to walk up Meadows Canyon to see
winter birds in the grassland and chaparral.
OPEN THE FARM
8:30-10am, Sat Jan 25 Adam Marsh
Learn what it takes to be a farmer: collect
eggs, feed the animals and wash a cow!
Wear boots and old clothes. (6+ yrs)

LET THERE BE LIGHT!

2-3:30pm, Sat Jan 25 *Lundgren/Marsh*
Learn to make candles that you can take home. Hear the history of how people got "light on the subject" before electricity.
Reservations Required: (510) 525-2233
Fee: \$2

CLOSE THE FARM

3-4:30pm, Sat Jan 25 *Kate Scott*
Help us feed the animals in the afternoon. Everyone is hungry. 5+yr

IN SEARCH OF SALAMANDERS

9:30-11am, Sun Jan 26 *Jessica Sheppard*
How many different species are in our area? Make a guide to keep, go on a hunt and see what we can catch (and release). For 5-10 year olds with parent.
Reg. Required: (510) 525-2233
Fee: \$5 (non-res. \$7)

NEWT RESEARCH

1-4pm, Sun Jan 26 *Jessica Sheppard*
Help us add to our collection of data on the California newt. Glimpse into the life of this unique salamander. Meet at the Botanic Garden parking lot.

PUDDLES AND PONDS IN WINTER

2-3:30pm, Sat Feb 1 *Linda Yemoto*
We'll begin indoors with our pond diorama and animal magnets. Then it's off to a pond to capture and release dragonfly nymphs, mayfly nymphs and more.

GROUNDHOG DAY:

HALF OUR FIRE, HALF OUR HAY
10am-noon, Sun Feb 2 *Alan Kaplan*
A big rodent prognosticates the future today. We'll learn about marmots, badgers and woodchucks.

HAIKU AND Renga: A TURN FOR THE VERSE

2-4pm, Sun Feb 2 *Alan Kaplan*
These styles of Japanese poetry can give us a new view of and deep insight into the natural world. We'll hike awhile, and then compose poems in these modes.
Reg. Required: (510) 525-2233
Fee: \$5 (non-res. \$7)

SCRAP ART

2:30-4:30pm, Sun Feb 2 *Scott/Stantis*
Turn household recyclables into art. We'll learn about nature's original re-use and look at "junk" in a new light. Bring your 2002 calendars and old magazines. 5+yr
Fee: \$2

TILDEN TODDLERS

2-3pm, Sat Feb 8 *Linda Yemoto*
All you non-napping toddlers—bring your grown up friends and explore the Nature Area looking for amphibians. 2-3yr

VALENTINE'S DAY IS COMING!

10am-noon, Sun Feb 9 *Alan Kaplan*
We'll learn about the history of Valentine's Day while looking for examples of courtship in the natural world.

FRIENDLY SNAKES?

1-2pm, Sun Feb 9 *Adam Marsh*
Meet Rocky and Queenie as we learn all about our local snakes and make a craft from recycled items to take home. 6+yr

VALENTINE'S DAY CARD WORKSHOP

2-4pm, Sun Feb 9 *Alan Kaplan*
Come and make some traditional cards or design your own. We'll learn about the history of Valentine's Day. Materials provided.
Fee: \$5 (non-res. \$7)

SUSHI BASICS

11am-2:30pm, Sat Feb 15 *Linda Yemoto*
Join us in this lively and delicious workshop! You will learn the natural history of many of the plants and animals used in creating this ancient cuisine as you prepare and taste seven basic types of sushi. For adults and children 8 years and older. Parent participation necessary for child 8-10 years old.

Reg. Required: (510) 525-2233
Fee: Adult \$35, Senior \$30, Child (8-12 years) \$25 (non-res. \$39/\$34/\$29)

PAPERMAKING AS EASY AS 1-2-3

10am-noon, Sun Feb 16 *Salli Lundgren*
Let's learn the natural history of recycling! We'll reduce, re-use, and recycle used paper into beautiful hand-made stationery.
Reservations Required: (510) 525-2233

VOYAGE THROUGH TIME

2-4pm, Sun Feb 16 *Alan Kaplan*
The Earth's continents have moved in marvelous ways for over one billion years! We'll make a flip-book of the supercontinent Pangea breaking up to form today's land masses.

Reg. Required: (510) 525-2233
Fee: \$5 (non-res. \$7)

TILDEN MINI-RANGERS

3:30-5:30pm, Tue Feb 18 *Zuckerman*
Find out how it feels to be a Ranger! Join us for nature study, conservation and rambling through woods and waters. For 8-12 year olds and boys, unaccompanied by their parents.

Reg. Required: (510) 525-2233

OWL'S WELL THAT ENDS WELL

2-3:30pm, Sat Feb 22 *Salli Lundgren*
Who's doing all that hooting? Let's look for nesting owls, learn why they seem to be "throwing up all the time," and why they're such successful hunters in the night.

SUNDAY BIRDWALK

8-11am, Sun Feb 23 *Alan Kaplan*
Join ornithologist John Robinson for a birdwalk and tips on learning to identify birds by their songs. Stay for a demonstration of his bird reference CD-ROM, featuring photos, songs, and more.

TREE LD.

11am-noon, Sun Feb 23 *Kate Scott*
Join a walk to learn some trees of Tilden Park. Native or not, we'll explore their natural history through stories. 5+yr

SCIENCE CAMP CUT-OUTS

2-4pm, Sun Feb 23 *Alan Kaplan*
Popular projects from Science Weeks: dinosaur puzzles, Hidden in the Marsh diorama, and more. Materials provided.
Reg. Required: (510) 525-2233
Fee: \$5 (non-res. \$7)

OTHER PARKS

WEDNESDAY WALKS

Various locations, dates, times
Explore a new East Bay Regional Park every week with our friendly walking group. Discover the natural and human history of our parklands and improve your health on a fast-paced hike. All ages and abilities welcome; hikes are suitable for strollers. Wear sturdy footwear, bring water and dress for the weather—we walk rain or shine. Hikes are from 9:30 to 11:30 a.m. and are led by Naturalist Christina Garcia. For more information and directions, call (510) 796-0663 and request a flyer. **Jan. 8, Alameda Creek Trail:** Trace the history of this flood control channel on a 7.5-mile walk along both sides of the creek channel.

Due to the extra mileage, we may get back a bit later than usual. Meet at the Beard Staging Area in Fremont. **Jan. 15, Quarry Lakes:** Tour the District's newest park on an easy four mile walk. Meet by the swim lagoon entrance. **Jan. 22, Lake Chabot:** Hear the story of the "Water King" on a brisk 3.5-mile walk along the shore of this scenic reservoir. We'll follow the paved trail to Honker Bay and back. Meet on the deck by the Marina Cafe. **Jan. 29, Sycamore Grove:** Stroll among towering California sycamores and former vineyards for a flat, easy four miles. Bring \$2 in exact change for parking. **Feb. 5:** Walk 7.5 flat, paved miles. The route follows the old railroad that once connected the farms of the San Ramon Valley to ports in Suisun Bay. Meet at the Southern Pacific railcar behind the Museum of the San Ramon Valley in Danville. **Feb. 19:** Discover a beautiful pond in the historic Niles District on this flat, 4.5-mile walk. Meet at the Isherwood Staging Area off Paseo Padre Parkway in Fremont. **Feb. 26:** Circle the hills on the paved, 3.5-mile Bayview Trail. Bring binoculars to view the birds in the salt ponds and tidal wetlands. Meet at the Visitor Center parking lot.

NATURE TALES

Garin Kristina Parkison
10-11am, Sat Jan 4
Does your child love nature? Stories? We'll combine the two for a magical hour with a natural theme. 3+yr.
Reg. Required: (510) 795-9385

TUESDAY AFTERNOON BIRDWALKS

MLK Shoreline Jessica Sheppard
2-3:30pm, Tue Jan 7, 14, 21, 28
3-4:30pm, Tue Feb 4, 11, 18, 25
Discover the shorebirds at MLK Regional Shoreline. An easy walk, great birds and a beautiful sunset will be the reward. Meet at observation deck at end of Swan Way.

NEWTOLLOGY

Garin Jan Southworth
10am-noon, Sat Jan 25
Join a brisk morning hike to the old newt pond. Along the way we'll search the creek for signs of newts, their eggs and babies.
Reg. Required: (510) 795-9385

AVIAN ADVENTURES

Hayward Shoreline Kristina Parkison
9:30-11am, Sun Jan 26
A stroll along the shore of the Bay will reveal the diversity of the birds and animals that call this unique place home. 6+yr.
Reg. Required: (510) 795-9385

MEET THE NATURALIST

Sibley Gail Broedser
11am-noon, Sat Feb 8
Stop by the Sibley Visitor Center and find out about the mysteries of Sibley. Then if you like, join me for a walk in search of newts, salamanders, and frogs.
Info: (510) 521-6887

NEWTs, VOLCANOES AND WETLANDS, OH MY!

Sibley Gail Broedser
Noon-2:30pm, Sat Feb 8
What do a volcano and a newt have in common? A wetland of course! To find out more and uncover some other mysteries, join me for this exploratory walk.

NIFTY NEWTS

Garin Kristina Parkison
1-3pm, Sun Feb 9
What's slimy, poisonous, and in our creeks? The California newt! Your experience with this fascinating creature will have you

thinking about the habitat of this important indicator species in a "newt" way! **Info: (510) 795-9385**

EDUCATORS' ACADEMY

WONDERS OF WHALES

Crab Cove Gail Broedser
5-9pm, Tue Feb 18, Crab Cove
9am-1pm Sat Feb 22, Pillar Pt. Harbor
Did you know that "killer whales" are actually dolphins and that dolphins are actually whales? We'll unravel these mysteries and more through an in-depth evening course at Crab Cove and a whale-watching excursion from Half Moon Bay. You'll receive activities and projects with them to take back to your classroom. Then Saturday we'll board a boat to search for these magnificent marine mammals. The information, lessons and experiences you gain from this class will enhance as whale or ocean unit taught. Credit transfer from CSUH for additional fee. Credit transfer the first day of the course. Course content is appropriate for K through 6th grade. 21+yr.

Reg. Required: (510) 636-1684
Fee: \$75 (non-res. \$81) boat fee included

VOLUNTEER

OPERATIONS VOLUNTEERS

Various locations and times
Come gain new skills and knowledge in interesting people. Join us in maintaining our Regional Parks. We need your help with trail repair, resource protection, and facilities maintenance. For info call the Saffas at (925) 756-0195.

PARK/TRAIL GUIDES

Various locations, dates, times
Guides are needed to assist the visually impaired in hiking on Regional Parks. Training provided by Bay Area National Recreation Program. 18+yr.
Info: (510) 849-4663

PUBLIC SAFETY

VOLUNTEER OPPORTUNITIES

Various locations, dates, times
Assists District staff in the delivery of essential services, including natural safety education; assisting with helicopter rescue supplementing police in patrol activities and incident response. Certification and training are required for some programs. Flight Medics, Officer White, Info: (916) 785-3370. Reserve Police Officer, Info: (510) 544-3131. Bicycle Patrol, Hiking Patrol, Companion Dog Patrol, Mounted Patrol, Patrick Balizan, Info: (510) 544-3133.

WILDLIFE VOLUNTEER:

FOREST OF FUTURE

Coyote Hills
2-5pm, Sun Jan 12 #3036
During this fun-filled opportunity you'll discover the "nutty wildlife world" of oak trees, and help the world breathe easier by planting and caring for trees. Reserve "Forest of the Future" patch!
Reg. Required: (510) 544-2230

WILDLIFE VOLUNTEERS:

ITS YOUR TURN

Hayward Reg. Shoreline Doc/Qu
2-5pm, Sun Feb 9 #3037, Sun Feb 23 #3038
Join our merry band on an exciting adventure over land and water to help create California Least Tern nesting sites. You'll make new friends, peer into the world of wildlife and earn your "Least Tern Habitat Helper" patch! 7+yr.
Reg. Required: (510) 544-2230

MEMBERSHIP PROGRAM

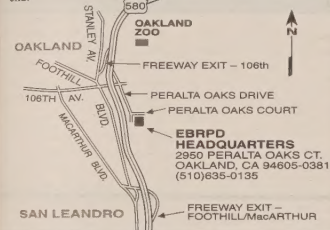
Enjoy free parking, free swimming at seven lakes, special members' events, a free guide to the Regional Parks, members-only newsletter, and additional benefits listed below! Call (510) 544-2203, for information.

- \$60 Family Membership**—Dog pass, free entry to swim areas for up to six, 50 percent off on off-season (October through April) camping.
- \$25 Senior/Disabled/Student**
- \$30 Single Member**
- \$40 Senior Day Use/Boat Launch**
- \$70 Senior Fishing**
- \$100 Tilden Circle**—Family Member benefits plus an invitation to a special Members' only event.
- \$250 Reinhardt Circle**—Tilden Circle benefits plus invitations to special programs.
- \$1,000 Sibley Circle**—Reinhardt Circle benefits plus "behind the scenes" with a naturalist.

To reach

the Central Registrations office:

From south or east of Oakland on I-580 West, take the MacArthur/Foothill exit in San Leandro. Bear right onto Foothill; turn right on 106th Ave. and right again onto Peralta Oaks Drive. Follow it to the end. From Oakland or north or west of Oakland on I-580 East, take the 106th Ave. exit in Oakland. Take the first three left turns; this will put you on 106th Ave. From 106th, turn right onto Peralta Oaks Drive and follow it to the end.



SPECIAL RECREATIONAL FACILITIES AND PROGRAMS

FACILITIES AND PROGRAMS	PARK	OPERATOR	PHONE
Archery - Field and Target	Briones	Briones Archers	(510) 724-3814
Archery - Field and Target	Redwood	Redwood Bowmen Association	(510) 530-0400
Boat Rentals	Del Valle	Windsurf Del Valle	(925) 455-0008
Boat Rentals	Del Valle	Urban Park Concessionaires	(925) 449-5201
Boat Rentals	Shadow Cliffs	Shadow Cliffs Park Company	(925) 846-2344
Boat Rentals	Lake Chabot	Lake Chabot Park Company	(510) 582-2198
Camping (groups)	Various Parks	East Bay Regional Park District	(510) 562-2267
Camping (families)	D. Valle, A. Chabot, Sunol	Sunol EBRPD	(510) 562-2267
Dog Wash	P. Isabel	Mudpuppies Tub & Scrub	(510) 559-8899
Espresso Coffee Service	P. Isabel	K-9 Coffee	(510) 527-3357
Golf, Driving Range, Food, Banquet	Lake Chabot	Willow Park Inc.	(510) 537-8989
Golf, Driving Range, Food, Banquet	Tilden	American Golf	(510) 848-7373
Hang Gliding - Experienced Flyers	Mission Peak	Wings of Rogallo	(408) 476-2227
Blacksmith	Ardenwood	Scott Thomas	(510) 790-9060
Horse Arena	Contra Loma	Association of the Charras	
Horse Arena	Martinez Shoreline	Martinez Horseman Association	(925) 228-7981
Horse Arena	Redwood	Judith Martin	(510) 336-0850
Horse Boarding Barn, Lessons	Anthony Chabot	Chabot Stables, Sara Cray	(510) 569-4428
Horse Boarding Barn, Lessons	Little Hills	Las Trampas Stables	(925) 838-7546
Horse Boarding Barn, Lessons	Redwood	Piedmont Stables	(510) 531-9944
Horse Boarding Barn, Lessons	Anthony Chabot	Skyline Ranch Equest. Center	(510) 336-0850
Horse Day Camp	Las Trampas	Las Trampas Stables	(925) 838-7546
Horse Day Camp	Castle Rock	Adventure Day Camp	(925) 937-6500
Horse Rentals, Trail Rides and Lessons	Little Hills	Las Trampas Stables	(925) 838-7546
Horse Rentals, Trail Rides	Sunol	Sunol Pack Station	(925) 862-0175
Horse Trail Rides	Wildcat Canyon	Wildcat Creek Stables	(510) 232-6344
Marksmanship - Target & Skeet	Anthony Chabot	Chabot Gun Club	(510) 569-0213
Meeting and Club Activities	Martinez Shoreline	Martinez Sportsman Club	(925) 228-5638
Meeting and Club Activities	Martinez Shoreline	Martinez Pigeon Club	(925) 228-8222
Meetings, Weddings and Banquets	Tilden Brazil Room	Regional Parks	(510) 540-0220
Meetings, Weddings and Banquets	Kennedy Grove	Regional Parks	(510) 540-0220
Merry-Go-Round, Children's Parties	Tilden	Terri Holliman	(510) 524-6773
Model Boat Facility	Ala. Creek Quar.	Model Mariners	(510) 797-5422
Model Railroad - 5 Scales and Museum	Miller Knox	Golden State Model RR Museum	(510) 234-4884
Native Plants	Tilden	NativeHerb Nursery	(510) 549-0211
Native Plants	Carquinez	CREEC	(510) 787-9772
Picnics (groups)	All Parks	East Bay Regional Park District	(510) 562-2267
Picnics, Parties and Events (groups)	Castle Rock	Picnic People	(925) 462-1400
Picnics, Parties and Events (groups)	Little Hills	Picnic People	(925) 462-1400
Picnics, Weddings, Food (groups)	Ardenwood	Picnic People	(925) 462-1400
Picnics, Parties and Events (groups)	Shadow Cliffs	Picnic People	(925) 462-1400
Pony Rides, Kid's Parties, Day Camps	Tilden	Caney Thompson	(510) 527-0421
Railroad - Rides, and Museum	Ardenwood	Society to Preserve Carthage Bros	(510) 796-9560
Trains - Model Steam Engines	Tilden	Golden Gate Live Steamers	(510) 486-0623
Trains - Steam Train Rides	Tilden	Redwood Valley Railroad	(510) 548-6100
Waterslide, Food, Group Picnics	Shadow Cliffs	Shadow Cliffs Association	(925) 829-5600
Windsurfing - Rentals and Lessons	Del Valle	Windsurf Del Valle	(925) 455-4008
Windsurfing - Rentals and Lessons	Contra Loma	Windsurf Diablo	(925) 778-6350
Windsurfing - Rentals and Lessons	Crown Beach	Sausalito Sailboards	(650) 331-9463

VISITOR CENTERS

ARDENWOOD
34600 Ardenwood Blvd.
Fremont, CA 94555-3645
(510) 796-0663

BLACK DIAMOND MINES
5175 Somersville Road
Antioch, CA 94509
(925) 757-2620

BOTANIC GARDEN
Tilden Regional Park
Berkeley, CA 94708
(510) 841-8732

COYOTE HILLS
8000 Patterson Ranch Rd.
Fremont, CA 94555-3502
(510) 795-9385

CRAB COVE VISITOR CENTER
1252 McKay Avenue
Alameda, CA 94501-7805
(510) 521-6887

DEL VALLE
7000 Del Valle Road
Livermore, CA 94550
(925) 862-2601

GARIN
1320 Garin Avenue
Hayward, CA 94544-6822
(510) 795-9385

SUNOL-OHLONE
P.O. Box 82 (on Geary Road)
Sunol, CA 94586
(925) 862-2601

TILDEN NATURE AREA
Environmental Education Center (EEC) at Tilden Regional Park
Berkeley, CA 94708
(510) 525-2233

SWIM FACILITIES

LAKE ANZA
Tilden Regional Park
Berkeley, CA 94708
(510) 843-2137

CONTRA LOMA
1200 Frederickson Lane
Antioch, CA 94509
(925) 757-0404

CULL CANYON
18627 Cull Canyon Road
Castro Valley, CA 94552
(510) 537-2240

DEL VALLE
7000 Del Valle Road
Livermore, CA 94550
(925) 373-0332

DON CASTRO
22400 Woodrose Ave.
Hayward, CA 94541
(510) 538-1148

QUARRY LAKES
2250 Isherwood Way
Fremont, CA 94535
(510) 795-4883

ROBERTS POOL
10570 Skyline Blvd.
Oakland, CA 94619
(510) 482-6028

SHADOW CLIFFS
2500 Stanley Blvd.
Pleasanton, CA 94566
(925) 846-3000

LAKE TEMESCAL
6502 Broadway Terrace
Oakland, CA 94610
(510) 652-1155

REGISTRATION INFORMATION

NO REGISTRATION REQUIRED—Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed in the program descriptions if you need further information.

IN-PARK REGISTRATION—For programs requiring registration at park sites, call the number indicated in the description. Information will be provided when you call.

CENTRAL REGISTRATION—The course codes for programs that require central registration are printed in green throughout this directory. Please refer to the instructions below for registration procedures for mail-in, walk-in, phone or fax registration.

MAIL-IN: Complete the registration form on the back cover of this directory and mail with your payment (pre-printed check or fill in the credit card info on the mail-in form) to: East Bay Regional Park District, Reservations Dept., P.O. Box 5381, Oakland, CA 94605-0381.

WALK-IN: Come to the District Headquarters between 8:30 a.m. and 5 p.m. Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next door to the Dunsmeir House and south of the Oakland Zoo off I-580. See map above.

BY FAX: Complete the registration form on the back cover and fax it to (510) 635-5502. Include all the necessary credit card information.

24-HOUR TOUCH-TONE PHONE REGISTRATION: To register yourself or a family member using the 24-Hour Touch-Tone Registration system you must have the following information ready: 1-Family PIN #: 2-The Individual Customer # for each individual you register into a course; 3-The Program Code for each program you register for, found in this Guide; 4-Your VISA or MasterCard number and expiration date. Call (510) 544-2461 to access the 24-Hour touch tone registration line and follow the instructions.

BY PHONE: Phone registration requires a credit card. Call the Reservations Office between 8:00 a.m. and 4:30 p.m. Mondays through Thursdays, or 8 a.m.-4:00 p.m. on Fridays. The Reservations Office is closed on weekends and holidays. Please call the phone number for your area:

Oakland	(510) 636-1684	Hayward	(510) 538-6470
Contra Costa Co.	(925) 676-0192	Outside East Bay	(510) 636-1684
Livermore	(925) 373-0144	24-Hour Touch-Tone Phone	
TDD	(510) 633-0460	Registration	(510) 544-2461

FEES: Fees must be paid in full at the time of registration. They may be paid by pre-printed check, money order, VISA, Mastercard or in cash for walk-in registration. Non-resident fees apply to anyone living outside of Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program. Many programs have fee assistance funds available for low-income individuals and families. For information call the registration phone numbers listed at the bottom of the previous column.

CHECK ACCEPTANCE: Pre-printed checks are accepted for mail-in registration in the Central Reservations Office until two weeks before the program takes place. Make checks payable to EBRPD. Programs registered in the parks will accept checks up until the day of the program. Returned checks will be charged an additional \$15 Returned Check charge.

CREDIT CARDS: VISA and Mastercard are accepted for all fee programs except those that are registered at a park. Call the phone number in program description for info.

CANCELLATION POLICY:

REFUNDS/TRANSFERS: Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. If you would prefer to transfer into another program or class and there is space available, your refund will be applied to the fee for that program or class. (See Special Cancellation Policy below for exceptions.)

IF YOU MUST CANCEL: For a full refund or credit toward another program, you must call in your cancellation at least seven days prior to the class or program. Failure to notify the Reservations Office at least seven days in advance of the program date will result in forfeiture of program fees. See Special Cancellation Policy below for exceptions.

Special Cancellation Policy: For certain programs requiring the Park District to commit a deposit or guarantee a minimum, refunds will not be available less than 14 days prior to the start of the program. In the case of cancellation due to inclement weather, a credit will be issued for a future class with the same instructor. These programs are noted by "Special Cancellation Policy applies" within the program description.



East Bay Regional Park District
Attention: Reservations
2950 Peralta Oaks Court, P.O. Box 5381
Oakland, CA 94605-0381

January-February 2003 Mail-in Registration

Make checks payable to: EBRPD

☐ MasterCard ☐ VISA

Name (parent or guardian if under 18)

Address

City

Zip

Day phone

Night phone

email address

Amount \$

Expiration date

Authorized signature

Participant's Name	Birthdate	Class Title	Code	Date	Fee
	Month/Day/Yr	First Choice			
		Second Choice			
		First Choice			
		Second Choice			
Day Camp Scholarship Fund—provides subsidized day camp experiences for inner-city youth. (Optional)					\$1.00
Subscribe to this publication (Regional In Nature) (Optional)					\$5.00
Submit additional registrations on an attached sheet					Total

Signature required

Date

Parent or guardian if under 18

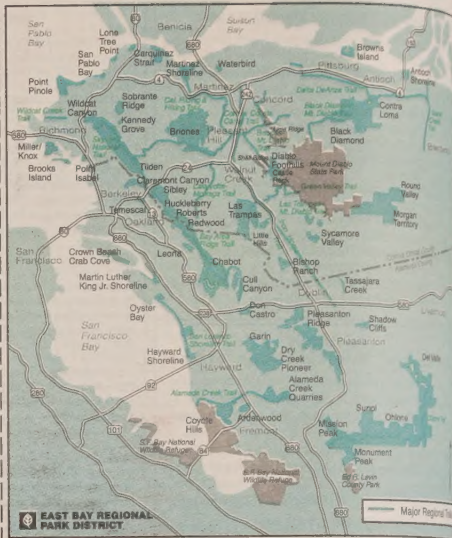


☐ Please check here if you are disabled and in need of special accommodations

How did you hear about our programs? ☐ TV ☐ Newspaper ☐ Visitor Center ☐ Radio ☐ Other

Office Use

Amount paid _____ Check no./cash _____ Register no. _____ Staff initials _____



Join the Christopher Reeve Paralysis Foundation to build a barrier-free playground in Oakland.

The Regional Parks Foundation has received a \$5,000 grant from the Christopher Reeve Paralysis Foundation to support fundraising efforts to install a barrier-free playground at Roberts Regional Recreation Area in Oakland. The Foundation is also partnering with the Oakland Rotary Club to raise \$850,000 for construction of the disabled accessible playground.

You can help

by making your tax-deductible gift to the Regional Parks Foundation, P.O. Box 21074, Crestmont Station, Oakland, CA 94620. Contact us at (510) 544-2003 for more information. (Federal Tax I.D. no. 23-7011877.)



Regional Parks Foundation

supports the

East Bay Regional Park District

East Bay Regional
Park District
2950 Peralta Oaks Court
Oakland, CA 94605-0381